

New Board Member Introduction-Rita H And the 12 Concepts Task Force (CTF) Committee

F.W.S. Newsletter, April 2008

Greetings Friends,

My name is Rita H and I am a sex and love addict in Montreal. I have been a member of the "S" fellowships since January 2000 and of S.L.A.A. since April 2002. My sobriety date is May 11, 2004. I have been a sober member of AA for 14yrs and RCA for 2yrs.

I was appointed to the BOT on March 5th. I have been a member of the BOT Call Squad since August 2007 and the Board Governance and Nominating Committee (BGNC) since November 2007. I was chair of the Montreal SLAA/DASA Intergroup from 2003-05 and delegate in 2003 and 2005. At one time or another I have served as a non-board member of the BPRC, BFOC-HRC and/or a member of one or more conference committees between 2003-2008.

I learned early that service was a key component of my sobriety. I was so happy to be sober that I was willing to do whatever it would take to stay sober. As a result I have not gone a year let alone month, week or day without serving in some capacity at some level in my 12 Step programs.

Working the 12 Steps saved my life and as a trusted servant for my Intergroup and at the conference I valued learning how the 12 Traditions could help my relationships in and out of the program. The blessing has been a deepening of my sobriety. Now as I embrace service as a Trustee of the Board I have the wonderful opportunity to delve further into the 36 spiritual principles that govern the 12 Step recovery programs as chair of the Concepts Task Force (CTF) committee.

The CTF is a committee of the BGNC with Rob K. and Bob F. as active members and Stephen S. and Liz D. as friends. Our first meeting was March 16th and the meeting schedule is the 2nd and 4th Sundays to prepare for a Fireside Chat at the July ABM 2008. A past A.A. Class B Trustee (2002-2006), Bob P. from Quebec, has volunteered to be a resource to this committee.

Some of the items we are investigating in committee is what can the BOT do to begin living the Concepts as a way of introducing them to the Conference; how and when have other 12 Step fellowships adapted and adopted the Concepts; and what changes would be necessary to the Charter, Bylaws and Policies as a result.

The Fireside Chat and possibly a Concepts Workshop are informal ways the CTF and BGNC plan to make the Concepts tangible to the conference this summer. We look forward to your participation and feedback.

In the spirit of service and sobriety,
Rita.